

Seventy-eight percent of Americans describe their jobs as stressful.

[The other twenty-two percent have the right software.]



The U.S. Bureau of Labor Statistics has listed “neurotic reaction to stress” as the fourth most disabling workplace injury.

[“Hand injuries due to punching one’s computer screen” topped the list.]



The World Health Organization has  
declared job stress a worldwide epidemic.

[Those most at risk include anyone in  
healthcare management and postal workers.]

